



# CAI:

## Helping Strengthen Health Care and Social Services

CAI helps health care and social service organizations improve the quality of their services, particularly for communities that have been marginalized. We do this by providing training, technical assistance, curriculum development, research, and other capacity-building support to agencies.





## We combine empathy and expertise to tackle the toughest issues

CAI is a mission-driven nonprofit organization. Our team of trainers, coaches, evaluators, curriculum developers, and data scientists bring a deep understanding of the issues facing communities, real-world experience, and expertise in evidence-based strategies to every CAI project.

### Issues we address

- Adolescent health
- HIV and STIs
- Maternal and child health
- Mental health
- Sexual and reproductive health
- Sexual violence prevention
- Substance use
- Tobacco use

### Strategies we deploy

- Community engagement
- Curriculum
- Data-driven strategies
- Leadership and multidisciplinary team building
- Materials development
- Research and evaluation
- Technical assistance
- Training

## We believe that lasting change happens through collaboration

We bring a unique approach to this work, engaging providers and communities deeply throughout the process and learning from them. We recognize that our clients are experts about their organizations' needs, and we work with staff at all levels to develop customized programs.

All of our work is based on implementation science, which means that we develop our training, technical assistance, and other services based on what's proven to be put into practice effectively. We stay engaged with our clients as they implement programs, providing tailored support at every stage.

## Our values guide our work—and they always have

CAI's highly skilled staff is multidisciplinary, multicultural, and multilingual. Our diverse team is driven by empathy, science, and a common mission to improve health care and social services for all people.

Throughout more than 40 years of service, CAI has grown to address new challenges and reach new communities. But our values have remained constant: We see differences as strengths, we embrace diversity, we look to our clients for leadership, and we use data and evidence to guide our work.

### CAI snapshot

- 40-year record of delivering services that are practical, sustainable, and evidence-based in 50 states and internationally.
- 150 staff working at five offices coast-to-coast.
- 14,000 people receiving training, technical assistance, and other support through CAI each year.

### Contact us

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