

What to Expect at Your Healthcare Visit

For Teens visiting **Community Clinics**

We are excited that you chose Aaron E. Henry for your healthcare needs. By now, you're probably wondering about what's going to happen when your name is called to see the provider. If so, we have provided you some information on what will happen, no matter what you're here for. We want this to be an easy process. We also want you to take charge of your health and make good decisions.

After reading this, if you have any questions, please feel free to ask any Aaron E. Henry staff member and they will be able to answer your questions.

What to Expect:

Time alone with the doctor

Why? We encourage you to be open and honest with your parents, but we also understand that sometimes you just need to talk to the doctor or nurse alone. Your parent/guardian will be asked to sit outside of the exam room to give you a chance to talk one-on-one with the doctor or nurse.

Confidentiality

Why? Your overall health is serious business and we want to make sure we do everything we can to protect your privacy. We want you to feel comfortable when talking to the doctor. Therefore, your conversations with the doctor and/or nurse will be kept confidential, unless it is a medical emergency.

Cost

Why? You can receive services that are free/low cost. You may need the services you get to be private or confidential, so make sure to let your healthcare provider know because an "explanation of benefits" may be sent to your home if you use your parents' insurance.

Discussion about your sexual health

Why? Sexual health can be a sensitive subject, therefore, we want you to feel comfortable talking to our healthcare staff about your needs. This will help us work with you to make good decisions about your health.

Access to Birth Control

Why? Mississippi has one of the highest teen pregnancy rates in the United States. We want to make sure you have everything you need to prevent and/or delay pregnancy, according to your future goals. The nurse and/or doctor will speak with you about your pregnancy intentions and, if needed, offer you a form of birth control that you feel will work best for you. If we do not have the form of birth control you desire, we will refer you to a location that can provide that method.

Access to Condoms

Why? Mississippi has some of the highest STD (sexually transmitted disease) rates in the United States. The nurse and/or doctor will offer you condoms, discuss their effectiveness and how to use them to make sure you have everything you need to prevent STDs. Also, please feel free to come in and grab condoms at any time, without an appointment.

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