

- Birth Control Counseling and Prescription
 - Pregnancy Testing and Counseling
 - HIV Testing
 - STD Testing and Treatment
 - Substance Abuse Counseling
 - Labor & Delivery Services
- In Georgia, the following services are considered confidential and do not require parental permission:

MINORS' RIGHTS

Some health services are confidential. This means that a doctor can see you without your parent or guardian present. Be sure to ask the doctor if they will share your results with anyone after your visit.

CONFIDENTIAL SERVICES? WHAT DOES IT MEAN?

Parents or other adults you trust can give great advice when you are ready to make sexual health decisions. It may seem weird at first, but most adults are happy to help. Think about who you can talk to about these tough decisions.

THINK ABOUT SEEKING ADVICE WHEN MAKING SEXUAL HEALTH DECISIONS

On the day of your visit.....



CHECK IN AT THE FRONT DESK. You will need to tell the front desk staff your name when you arrive. You may need to fill out some basic information about yourself and your health. You will then wait to be called back for your appointment.

GET YOUR VITALS CHECKED. Once you're called to the back, clinic staff will check your vitals. Vitals include your height, weight, blood pressure, and temperature.



TIME ALONE WITH A HEALTH CARE PROVIDER. You will be placed in an exam room, where you will have a chance to talk in private with a doctor or nurse. They may ask you more health questions at this time. This will help your doctor or nurse make sure you get the care you need.

CHECK OUT. When your visit with the doctor or nurse is over, you will be shown where to go to check out.



FOLLOW-UP SERVICES. Your doctor or nurse may need to schedule you for a second visit. You may also need to contact the clinic to get test results. Be sure to tell clinic staff the best and most private way to contact you.

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Less than half of teens between the ages of 15-19 have had sex. **>1/2**

85% of all couples having sex without a birth control method WILL become pregnant within a year.

Georgia has the 15th HIGHEST teen birth rate in the U.S.

Condoms are the only method that protect against pregnancy AND sexually transmitted infections.

IN CHATHAM COUNTY, 1 TEEN GOT PREGNANT NEARLY EVERY SINGLE DAY OF THE YEAR DURING 2014.

DYK??!

Healthy Teens
for a Healthy Savannah

U CHOOSE!

Take Charge of Your Health

CONFIDENTIAL HEALTH SERVICES AT LOCAL HEALTH CENTERS FOR ALL TEENS

BIRTH CONTROL OPTIONS

| | | |
|---|---|--|
|  <p>IUD (HORMONAL) A small t-shaped object inserted by a provider that prevents pregnancy for up to 3-5 years.</p> |  <p>SHOT A shot you get every 3 months from a nurse or provider.</p> |  <p>PILL A pill you take every day.</p> |
|  <p>IUD (NONHORMONAL) A small t-shaped object inserted by a provider that prevents pregnancy for up to 10 years.</p> |  <p>RING A plastic ring you insert into the vagina and replace every month.</p> |  <p>CONDOMS A barrier you wear on the penis or inside the vagina or anus to prevent pregnancy and STIs. Wear one for every sex act.</p> |
|  <p>IMPLANT A small rod inserted under the skin in the arm that prevents pregnancy for up to 3 years.</p> |  <p>PATCH A sticker you wear on your skin that you replace every week.</p> |  <p>MORNING AFTER PILL A pill you take as soon as possible after unprotected sex (e.g., condom breaks, missed pills, etc.) to prevent a pregnancy.</p> |

OTHER HEALTH SERVICES

| | |
|--|--|
|  <p>PREGNANCY TESTING AND OPTIONS COUNSELING</p> |  <p>STI TREATMENT</p> |
|  <p>STI AND HIV TESTING</p> |  <p>PRENATAL CARE</p> |

SCHEDULE YOUR NEXT APPOINTMENT AT ONE OF THESE CLINICS

 **GOT ID? IT'S NOT REQUIRED FOR SERVICES BUT PLEASE BRING ONE IF YOU CAN.**

CURTIS V. COOPER PRIMARY HEALTH CARE

CALL: 912-527-1000 (Extension 2)

VISIT: Several locations across Savannah – call for details!

HOURS: Monday, Wednesday 7:15 a.m. – 5:00 p.m.
Tuesday, Thursday 7:15 a.m. – 7:00 p.m.
Friday 7:15 a.m. – 2:00 p.m.
Saturday 9:00 a.m. – 2:00 p.m.

Let them know you're scheduling a family planning visit.
Same-day appointments may be available!
FREE and low-cost services are available for teens.

CHATHAM COUNTY HEALTH DEPARTMENT

CALL: 912-356-2441

VISIT: 1395 Eisenhower Drive

HOURS: Monday – Friday 8:00 a.m. – 5:00 p.m.

Same day appointments may be available!
FREE and low-cost services are available for teens.

J.C. LEWIS PRIMARY HEALTH CARE CENTER

CALL: 912-495-8887

VISIT: 125 Fahm Street

HOURS: Monday – Wednesday 7:00 a.m. – 7:00 p.m.
Thursday 8:00 a.m. – 5:00 p.m.
Friday 8:00 a.m. – 12:00 p.m.
Some Saturday appointments available.

Let them know you're scheduling a family planning visit.
FREE and low-cost services are available for teens.



QUESTIONS ABOUT SEXUALLY TRANSMITTED INFECTIONS OR HIV?

Get your questions answered confidentially by calling
1-800-551-2728.

Hours: M-Th 9-8:30; F 9-6:30



NEED A RIDE? Plan your trip at
<http://www.catchacat.org/rider-tools/plan-a-trip/>

