

Fundamentals of Motivational Interviewing for HIV



FUNDAMENTALS OF MOTIVATIONAL INTERVIEWING FOR HIV set

Motivational interviewing is an incredibly versatile skill which can be used to assist clients throughout their challenges with behavioral change. This synchronous virtual course on Motivational Interviewing (MI) will introduce learners to the foundational content and skills of MI. During this multi-session course we'll describe Motivational Interviewing, explore its effectiveness, and review all the elements and skills necessary to utilize MI. This course will be divided into four 90-minute sessions, presented over two days, that will provide learners with the opportunity to practice the fundamental skills necessary for applying MI in their client interactions.

This ZOOM-based live course will utilize a variety of adult learning methodologies inclusive of lectures, group discussions, video forum and role plays.

Course Objectives

At the end of this course participants will be able to:

- Discuss how MI helps support your clients
- Describe at least two ways that MI's effectiveness has been applied in HIV Prevention and care
- List the four elements of MI
- Demonstrate the ability to apply the four elements of MI

Training Audience

The Fundamentals of Motivational Interviewing for HIV course is designed to provide foundational information and tools for providers new to MI who wish to develop their understanding of Motivational Interviewing to improve their client provider relationships.

The recommended training audience includes staff from:

- Community-based organizations
- Health departments
- Health care organizations implementing HIV programs and services

Register for an upcoming training

See our [training calendar](#) for a list of upcoming trainings and registration information.