

Toolkit: Recommendations for Supporting LGBTQ+ People with Intellectual and Developmental Disabilities

Objective: [This resource](#) focuses on supporting LGBTQ+ individuals with Intellectual and Developmental Disabilities. Developed collaboratively with self-advocates and Prevent Connect, the toolkit provides valuable insights and community-level strategies. Examples include:

- Create LGBTQ+ inclusive spaces and events where everyone feels welcome and respected.
- Build partnerships with LGBTQ+ organizations, disability self-advocacy groups, and healthcare providers to enhance collaboration and resources.
- Conduct community education and awareness campaigns to increase understanding and empathy toward the unique needs of LGBTQ+ individuals with disabilities.

Several of the strategies emphasize advancing health equity, and include important factors like:

- Promoting LGBTQ+ inclusive healthcare for individuals with disabilities.
- Collaborating to tackle social determinants of health, such as discrimination and barriers to education, employment, and housing.
- Supporting advocacy for policy changes that protect the rights of LGBTQ+ individuals with intellectual or developmental disabilities.